# Weekly behavior tracking sheet

Track up to three behaviors across a school or work week. Tally in the boxes, then plot the daily totals on the graph below.

Student / learner _____ Week of _____ Observer _____

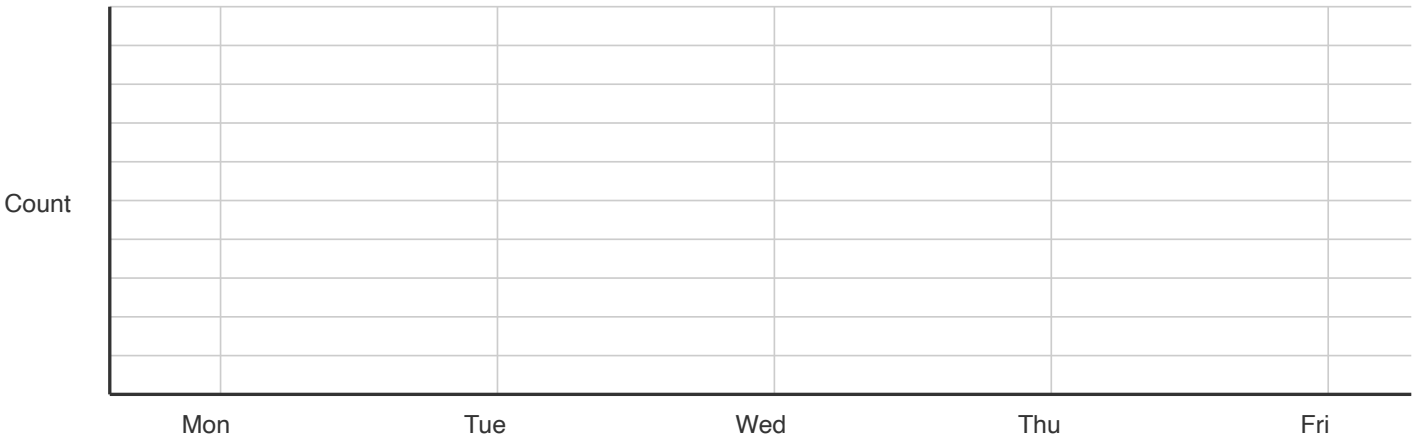
Behavior A and definition: _____

Behavior B and definition: _____

Behavior C and definition: _____

| Day | Behavior A tally | Behavior B tally | Behavior C tally | Minutes observed | Totals A / B / C | Notes |
|---|---|---|---|---|---|---|
| **Monday** | | | | | | |
| **Tuesday** | | | | | | |
| **Wednesday** | | | | | | |
| **Thursday** | | | | | | |
| **Friday** | | | | | | |

**Graph the daily totals.** One line per behavior. Put the count (or rate per minute, if observation length changes from day to day) on the side, days along the bottom.




Free from sessiontap.app. Copy and share freely.

SessionTap records frequency and duration on iPhone: sessiontap.app