Interval recording data sheet

Ten-second intervals for a 10-minute observation (60 intervals). Behavior A in the left grid, behavior B in the right. Mark + if the behavior meets the rule for that interval, – if it does not.

Learner / student _____ Observer _____ Date and start time _____

Behavior A and definition: _____ Interval length: ____ sec

Behavior B and definition: _____

Method (tick one): □ Partial interval: + if the behavior happens at any point in the interval □ Whole interval: + only if it lasts the entire interval □ Momentary time sampling: + only if it is happening at the moment the interval ends

	Behavior A (each box = one interval)							Behavior B						Notes
Min 1														
Min 2														
Min 3														
Min 4														
Min 5														
Min 6														
Min 7														
Min 8														
Min 9														
Min 10														

Behavior A: intervals marked + / total		**Behavior B: intervals marked + / total**	
Behavior A: percent of intervals		**Behavior B: percent of intervals**	

Percent of intervals = intervals marked + ÷ total intervals × 100. Report it as "percent of intervals", not as a count or a duration. Partial interval tends to overestimate how much of the time the behavior happened, whole interval tends to underestimate it, and momentary time sampling can miss short behaviors. Use a timer that beeps or vibrates at each interval.

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